Forever Lean™ is high in chromium and contains a unique fibre blend. Chromium contributes to normal macronutrient metabolism and contributes to the maintenance of normal blood glucose levels.

Use instructions: Take one capsule with water immediately before meals or snacks, up to four capsules a day. Do not use if seal under cap is broken or missing. Store tightly closed in a cool, dry place.

Warnings: Keep out of reach of young children. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

Best before: see bottom of container.





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Forever Lean Market 1

Chromium, Indian Fig and White Kidney Bean Food Supplement

Net weight: 67.9 g

120
Capsules

Net weight: 67.9 g

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Nutritional Values

Per recommended daily dosage: 4 capsules Daily doses per container: 30 capsules

	Quantity	% RI*
Chromium	120 µg	300%
Indian fig extract, powdered (leaf) White kidney bean extract, powdered total providing fibre	1050 mg 445 mg 485 mg	# # #
* Reference Intake / - Bl not established	· · · · · · · · · · · · · · · · · · ·	



Ingredients: Indian fig (*Opuntia ficus-indica*) leaf extract, white kidney bean (*Phaseolus vulgaris*) extract, anti-caking agent (microcrystalline cellulose), capsule material [thickener (hydroxypropyl methylcellulose, gellan gum), water, preservative (potassium acetate)], anti-caking agent (stearic acid, silicon dioxide), stabiliser (cross-linked cellulose gum), chromium (chromium trichloride).



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